

How to get a 7 score in IELTS the smart and easy way.

Write on the back of a business card or card of some kind "I am a 7.5 IELTS student" (aim for a bit higher than you need). Notice that this statement is in the present tense. This is your new reality and you need to start acting accordingly as if it is true.

You now need to read this statement as often as you can but at least once a day.

The reason for this is to convince your subconscious mind that you are a 7.5 IELTS student.

Your subconscious mind will accept whatever you tell it repeatedly regardless of the truth and it will create that reality for you by guiding you to take up opportunities which will create that reality and also when you sit for the test you will have a belief in yourself.

Your conscious mind however knows better and will tell you that that is not your reality and will give you all the evidence to tell you so. Therefore there will be a battle between your conscious mind and your subconscious mind.

The good news is that your subconscious mind will always win as long as you keep telling it what you want to be your new reality. Your subconscious mind is an obedient servant and accepts whatever it is that you keep telling it. How often have you told yourself which means telling your subconscious mind that you cannot achieve a 7 in IELTS? Stop doing that!

To make your new reality come true faster you can do some things which will speed up the process.

You can

1. Repeat the statement more often.
2. Sing the statement
3. Say it in a stupid way – loud, very quietly, up and down, etc
4. Write it out many times – in colour, large, small, something stupid.
5. Stick it on a mirror you use every day.

Notice that the above are emotional as this is the language of the subconscious mind.

This is called an affirmation – you can check it out on the Web.

I am a brilliant teacher because my subconscious mind makes me do all the things which work towards that. My students keep telling me that so it must be true. Now you know my secret. It can be your secret too. You can be whatever you want to be. You are a 7.5 IELTS student!